

Patient Questionnaire

Mr/Mrs/Ms/Miss (*please circle*)

Surname

Forenames

Address

.....

.....

Postcode

Email address

Occupation

Previous occupation.....

Next of kin: Name

GP: Name

How did you find out about us?

.....

Consent to Examination

I consent to an appropriate physical examination.

Signed **Dated**

If you are under 16, this consent should be signed by a parent or legal guardian.

Signed (Parent/Guardian) **Dated**

.....

Consent to Treatment

I have been given a report of findings regarding my condition. I have been advised of, and understand, the possible risks of treatment and have had all my questions answered to my satisfaction. I consent to treatment as outlined to me.

Signed **Dated**

If you are under 16, this consent should be signed by a parent or legal guardian.

Signed (Parent/Guardian) **Dated**

Where are your problems? (please also mark the diagram on page 4)

Neck ☐ Shoulder ☐ Arm ☐ Elbow ☐ Wrist ☐ Hand ☐ Finger ☐ Mid-Back ☐ Low-Back ☐
Buttock ☐ Hip ☐ Upper Leg ☐ Knee ☐ Calf ☐ Ankle ☐ Foot ☐ Toe ☐ (please describe)

.....
.....

Do you have any of the following symptoms?

Numbness ☐ Tingling ☐ Burning ☐ Pins & Needles ☐ Cold/Hot ☐ Headaches ☐

Dizziness ☐ Weakness ☐ (please describe)

.....

How would you describe the pain?

Sharp ☐ Shooting ☐ Dull Ache ☐ Burning ☐ Mixed ☐

Other ☐ (please specify)

How severe is the pain? (0-10 scale, 0 = no pain, 10 = severe pain)..... /10

When did it first start?

What do you think caused it?

.....

Is it getting worse / staying the same / getting better? (please circle)

Does anything make it better?

What seems to make it worse?

Is it worse in the morning or at the end of the day?

Does it wake you at night? Y/N

Have you had this before? Y/N If yes, how often?

Is this the worst episode? Y/N

What treatment have you had for this problem so far? (Pain killers, GP, Physio, Osteo, Chiro)

.....

Have you had any headaches, neck or back problems before? (please specify).....

.....

Please list any accidents or falls you have had

.....

..... (include car accidents, sports injuries, falls, etc)

Have any members of your family (mother, father, grandparents, brothers or sisters) suffered from any of the following conditions?

Diabetes ☐ Heart attack ☐ Stroke/TIA ☐ Arthritis ☐ Cancer ☐ Auto-immune ☐ Thyroid ☐

Epilepsy ☐ Nervous system ☐ Gastro-intestinal ☐ (please specify)

.....

.....

Do you suffer from any of the following problems?

Eye problems ☐

Double vision ☐

Dental problems ☐

Jaw pain ☐

Speech problems ☐

Swallowing difficulties ☐

Acid reflux ☐

Ringing ears ☐

Deafness ☐

Skin problems ☐

Chest pain ☐

Productive cough ☐

Difficulty breathing ☐

Wheezing ☐

Fainting ☐

Nausea/vomiting ☐

Loss of appetite ☐

Abdominal pain ☐

PMS ☐

Incontinence ☐

Difficulty urinating ☐

Blood in urine ☐

Bladder or bowel problems ☐

Rectal bleeding ☐

Constipation ☐

Pain in reproductive organs ☐

High BP / heart problems ☐

Headaches ☐

Dizziness ☐

Tremors ☐

Inco-ordination ☐

Night sweats ☐

Mood swings ☐

Sleep disturbances ☐

Nervousness/anxiety ☐

Depression ☐

Muscle cramps ☐

Muscle pain ☐

Joint pain ☐

Chronic fatigue / ME ☐

Blood sugar imbalance ☐

Concentration difficulties ☐

Please list all serious illnesses (previous & current)

.....

Have you ever been hospitalised and why?

Have you ever had an x-ray? Y/N If yes, when?

Have you ever broken any bones? Y/N If yes, when?

Have you had any of the following tests: Urine / Blood / CT Scan / MRI / Bone Scan (please circle)

Why?

Date of last GP visit Reason for visit?

Last menstrual period

Last cervical smear

Last breast exam

Last prostate exam

Height Weight Have you lost / gained weight recently? (please circle)

Do you smoke or have you ever smoked? Y/N If yes, how many per day?

Do you drink alcohol? Y/N If yes, how many units per week?

Do you use or have you ever used any recreational drugs?

.....

Please list any current medications, and any vitamin or mineral supplements you take

.....

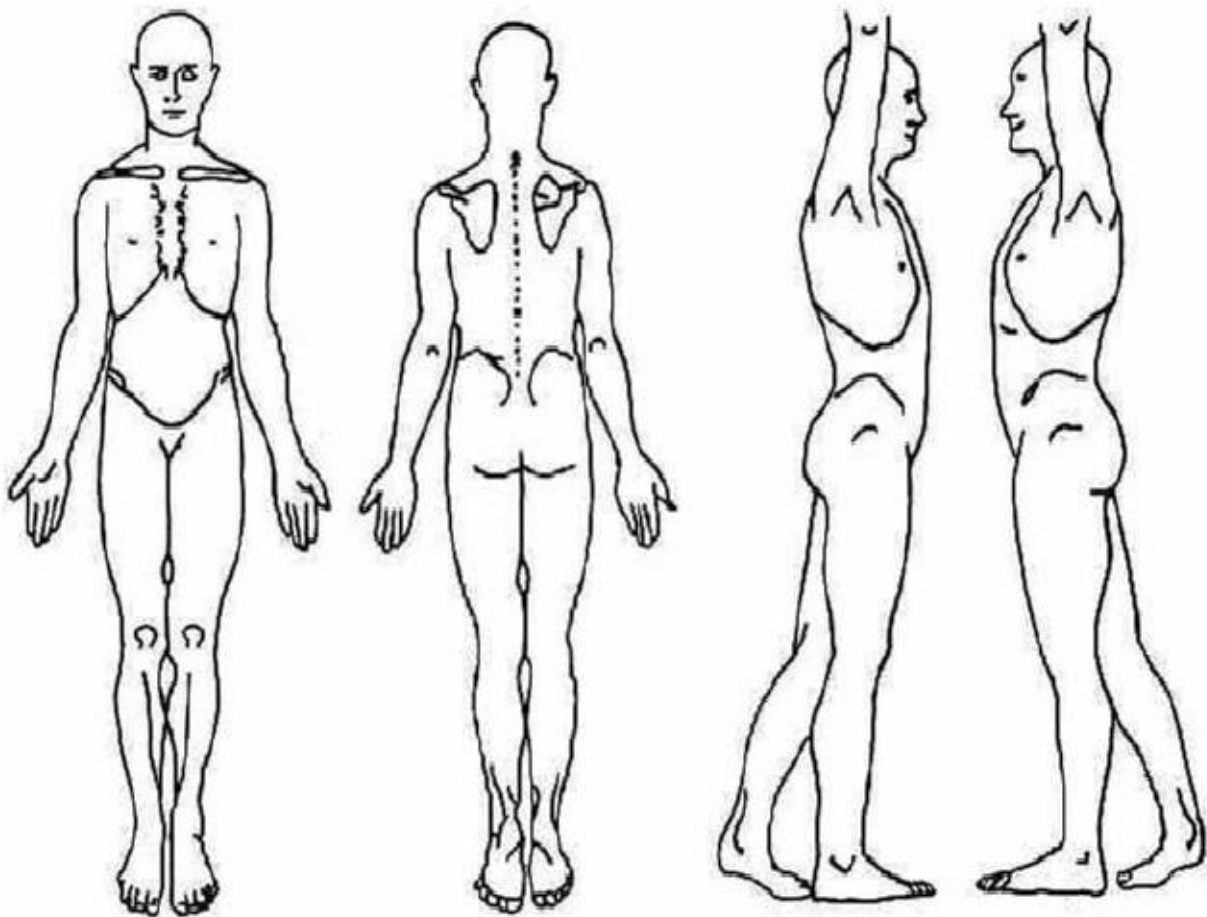
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.....

Do you consider yourself in: optimal health / average health / poor health? (please circle)

What are your hobbies/interests/sports?

Patient Symptom Diagram



Please mark on the diagram (using the appropriate symbol from below) all areas of your body where you feel the described sensations. Include all affected areas.

- | | |
|------------------|-------|
| Numbness | === |
| Burning | xxx |
| Pins and needles | ooo |
| Stabbing | ///// |
| Aching | zzz |

Please mark with your own symbol any other symptoms, and note the symbol below: